



Sanatan Mandir Cultural Centre's

Baal-Vidyalay

Information & Registration Form

Contents

- Sanatan Mandir Cultural Centre Baalvidyalay and Registration Form..... 3
 - a. Information..... 3
 - b. Our Goal Is 3
 - c. Activities In Baal-Vidyalay 3
 - d. Timetable for 2 hours every Sunday 4
 - e. List of supplies from each child: 4
 - f. Activities For The Parents to follow-up at home 5
 - g. Applicant Information..... 6
 - h. Applicant’s Background 7
 - i. Parental Sign-off..... 7



Sanatan Mandir Cultural Centre Baal Vidyalay

a. Information

Sanatan Mandir Cultural Centre (SMCC) is proud to offer Dharma-based education and activities for children and teens. Sanskrit prayers are actively taught through translations in Gujarati and English. Please download the free Baal Vidyalay prayers for your easy reference.

Our Sunday classes are open to all children over age five and teens. Please contact **Pravinbhai Shah - 905-472-8310 or Kokilaben Joshi - 416 708 7476** for further information on SMCC's Baal Vidyalay.

b. Our Goal Is ...

- To facilitate children to appreciate, learn and practice Hindu way of life.
- To teach children the basic knowledge of Gujarati so that they can communicate in their own language with grandparents, parents, and other children of their ages
- To instill pride and confidence in Hindu children about their identity and Gujarati heritage.
- To raise awareness of being a Hindu and raising the awareness of Hinduism in the society around.
- Develop social awareness and leadership skills among children.

c. Activities in Baal-Vidyalay

Children will have lots of fun while they learn. Activities are planned for their physical, intellectual, social and spiritual development. Our weekly activities include:

- LANGUAGE
- SHLOKAS
- YOGA
- STORIES
- GAMES
- ARTS AND CRAFTS
- OCCASSIONAL PERFORMANCES
- BIRTHDAY CELEBRATIONS



d. Timetable for 2 hours every Sunday

Following is our timetable for a particular Baal- Vidyalay class.

Start time -	10:30 sharp
Prathna -	10:30 - 10:40
Yoga Asanas -	10: 40 - 10:50
Gujarati Class/ Religious Class	10:50 - 11:25
Break -	11:25 - 11:30
Gujarati Class / Religious Class	11:35 - 12:10
Story/Discussion	12:10 - 12: 20
Aarti	12:30

The classes will be divided based on Age

Group 1 - 5-11 years

Group 2 - 12 and up

Parents are advised to bring their children at 10:15 sharp so that children can settle down in the respective groups and be ready for the class to begin. Late arrivals cause a lot of distraction for the children and disrupts the class.

Cheerful, enthusiastic and cordial atmosphere is at the heart of a successful Baal-Vidyalay. Physical fitness, knowledge and pride of Hindu Dharma, ability to work together in team and social awareness are being included through various programs. The activities can be broadly classified as 'Sharirik' and 'Baudhik' - the physical and intellectual activities.

e. List of supplies from each child:

Children should bring their stuff in a bag. They are responsible for their stuff.

- 1 Binder with Divider
- Lined Paper
- Pencil
- Eraser
- Small Snack



f. Activities for The Parents to follow-up at home.

In most of the SCHOOLS, parents also have parallel activities planned. This is a suggested format for parents' activity.

10 min. - Shlokas Practice

5 min. - Yoga Asanas

15 min. - Simple Games

10min. - Geet/Bhajan

20min. - Talk/discussion on Hindu Dharma, lives of great people, parenting, etc.

5 min. - Prarthana (With children)



Registration Form

g. Applicant Information

Name	
Father's Name	
Mother's Name	
Address	
City	
Postal Code	
Telephone – primary contact	
Telephone – secondary contact	
E-mail	
Date of Birth	
Age	
Grade	



h. Applicant's Background

<p>Has your child attended any Spiritual and Language classes before?</p>	<p><input type="radio"/> Yes <input type="radio"/> No</p>
<p>If yes please specify number of years and where they have attended.</p>	
<p>What spiritual discipline is your child practicing at home? Check all that apply.</p>	<p><input type="radio"/> Regular Prayers <input type="radio"/> Meditation/Silent Sitting <input type="radio"/> Devotional Singing/Chanting <input type="radio"/> Recitation of God's Name/ Mantras/Shlokas <input type="radio"/> Other</p>
<p>What do you hope to achieve from your child's regular attendance of the Baal Vidyalay?</p>	
<p>Please indicate your child's special interests and talents.</p>	
<p>Describe any special concerns or circumstances that may influence your child's experience in this program (e.g., allergies, fears, learning differences, family problems, transportation issues, single parent, etc.)</p>	

i. Parental Sign-off

Please note regular attendance will fully benefit your child and will keep your child up to date.

<p>Signature</p>	
<p>Date</p>	